

## Ylang Ylang Extra, Organic: Madagascar (*Canangaodoratagenuina*)

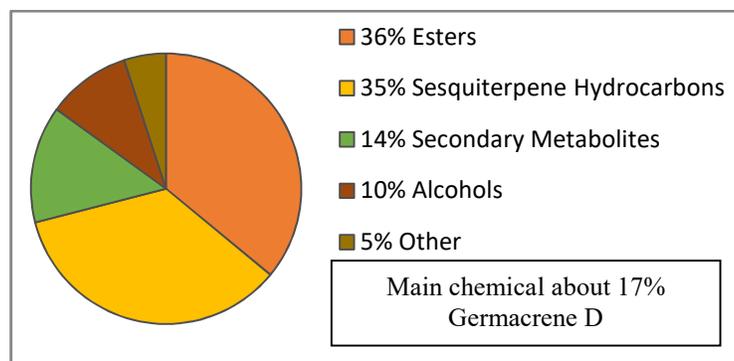
Ylang Ylang is one of the unique oils that is distilled for a much longer period of time. There are five different grades of Ylang Ylang which are broken down by the time of distillation. Each distiller may grade them a little differently according to time but generally they are as follows:

- **Ylang Ylang Extra** – All oil collected during the first one to two hours maximum of distillation. It contains higher percentages of Esters, Alcohols, and Secondary Metabolites and lower amounts of Sesquiterpene Hydrocarbons. The Extra is considered to be the highest quality for its fragrance and therapeutic diversity.
- **Ylang Ylang I** – All oil collected between hours two and five. In our opinion the all the plant material that is distilling longer has less of the therapeutic complex chemistry and Creator's Life Energy found in the earlier distillation. Chemically in this extraction the Sesquiterpene Hydrocarbons increase by over thirty percent.
- **Ylang Ylang II** – All oil collected during hours five and ten. The percentage of Sesquiterpene Hydrocarbons continues to rise and the Esters are reduced by almost fifty percent. There are even greater losses of the two chemical groups of Alcohols and Secondary Metabolites.
- **Ylang Ylang III** – After Grade II is extracted the plant material is removed and allowed to rest for a minimum of twenty-four hours. (This new method actually increased the yield of Ylang Ylang III by another seven to eight percent but is not practiced by everyone.) After the rest period the plants are put back in and distilled for another six to eight hours. The percentage of Sesquiterpene Hydrocarbons has increased to over sixty-five percent and the Alcohols are about one half of one percent and the Secondary Metabolites about one and a half percent.
- **Ylang Ylang Complete** – This is the entire distillation of all oil collected during the entire distillation process.

**Primary Usages:** Assiststhe nervous system and emotions (anxiety, anger, balancing, fatigue, depression, insomnia, tension, stress, shock, PMS, fear), used as an aphrodisiac (frigidity, impotence, low libido), assists with skin conditions (oily, acne, blemishes, regenerates cells, wrinkles), and stimulates hair growth.

**Secondary Usages:** Circulatory System (high and low blood pressure, palpitations, cardiac arrhythmia), aids wound healing(cuts, abrasions, burns, septic bacterial infections), assists diabetes, shortness of breath, and may be used to control epilepsy if inhaled prior to a seizure.

**Has Been Reported:** Balances male and female energies toenhancing relationships.



**Descriptor:** Antidepressant, Sedative, Antiseptic, Aphrodisiac, Circulatory Support, Nervine

**Application:** One of our favorite oils to wear as a perfume. Apply topically or diffuse. Add a few drops to the bath water to promote relaxation and balance.

**Caution:** No special cautions.

**Found In:** Circulate, DNA Release, Intention, Meditate, Peaceful, To Be

**Influences:** A very flowery scent that is relaxing and calming. Assists to restore balance to the body, mind, and spirit. Opens the heart charka.

**Medicine Wheel:** A Primary Center and Secondary North and West.

**Blends Well With:** Balsam of Peru, Bergamot, Cassia, Cedarwood, Frankincense, Grapefruit, Jasmine, Lavender, Orange, Patchouli, Rose, Rosewood, Sandalwood, Vetiver