

Rose Geranium, Organic: Madagascar (*Pelargonium roseum*)

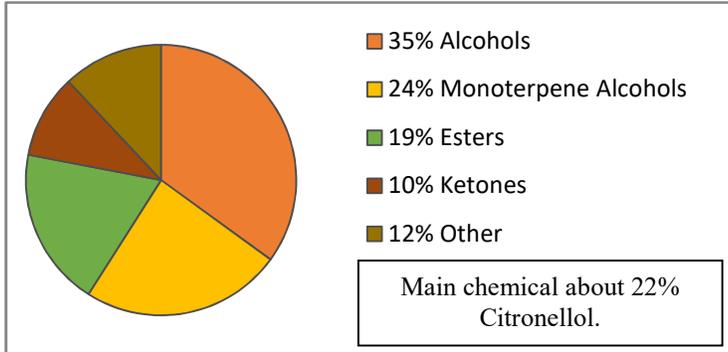
There are hundreds of flowering Geraniums all from the same genus. The therapeutic essential oils we use come from Geranium and Geranium Bourdon and they actually are the same species. Farmers and distillers customary use the botanical name *Pelargonium roseum* to set Rose Geranium apart because of its different chemical makeup and more rosy fragrance.

In history the plant was use therapeutically to assist a wider variety of conditions like cancer, internal bleeding, upset stomach, excess gas, broken bones, and so forth. Often the plant was placed around the home to ward off evil spirits.

Primary Usages: Balances hormones (menopause, menstruation, PMS, reproductive issues, frigidity, sterility, bloating), regenerates the skin (oily, congested, wrinkles, scars, inflammation, bruises, wounds, cuts, burns, broken bones, frostbite, fungus, infections, athlete's foot, hemorrhoids, broken capillaries, cellulites, acne, dermatitis, eczema), and balances the nervous system (depression, anxiety, uplifts, relieves stress, grief, insomnia, anger, hurt).

Secondary Usages: Increases circulation and decreases blood pressure. Considered a tonic for the liver, gall bladder, kidneys, and lymphatic system. Supports the digestive system (diarrhea, gastritis, colitis, ulcers, mucus, intestinal worms) and considered a natural diuretic to assist in flushing out toxins.

Has Been Reported: May assist with neuro-degenerative diseases (dementia, Alzheimer's), mouth and throat issues (tightens gums, pain, infections), and as an insect repellent. Enhances circulation and assists to burn fat.



Descriptor: Hormone Balancing, Skin Rejuvenator, Antidepressant, Lymph Decongestant, Digestive Aid

Application: Topically, Diffuse, Baths, Internally as a general health tonic.

Caution: Avoid during early pregnancy and if hypoglycemic (may lower blood sugar).

Influences: Assist releasing the negative past, eases anxiety, tension, and is soothing.

Found In: DNA Release, To Be

Medicine Wheel: A Primary West and Secondary Center and East. Assists in strengthening Qi.

Blends Well With: Angelica Root, Basil, Bergamot, Carrot Seed, Cedarwood, Chamomile, Citronella, Clary Sage, Clove, Cypress, Frankincense, Ginger, Grapefruit, Jasmine, Juniper Berry, Lavender, Lemon, Lime, Mandarin, Neroli, Orange, Palmarosa, Patchouli, Peppermint, Rose, Rosemary, Sandalwood, and Ylang Ylang

Recipes: For PMS mix three drops of Rose Geranium to two drops each of Lavender, Orange, and Peppermint to some carrier oil and rub on the abdomen.