

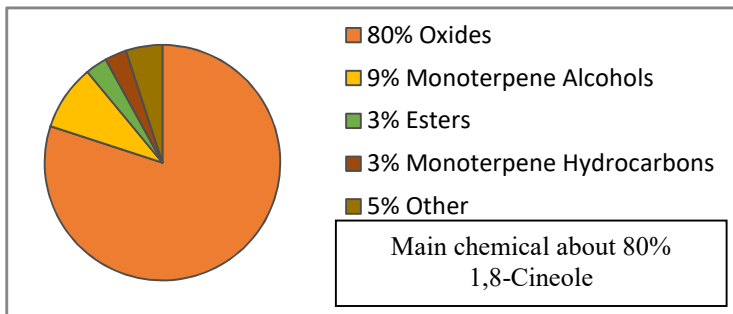
## Eucalyptus radiata, Wild Crafted: Australia

There are over 500 species of Eucalyptus trees, with tough long narrow blue-green leaves and white flowers. This tree originates in Australia and the aboriginal tribes traditionally use the leaves to treat colds, flu, and other respiratory illnesses. They would also bind serious wounds with Eucalyptus leaves to keep infection away. Due to their strong insect repellent properties, the trees are often planted around rivers to combat Malaria and the leaves are often put in closets and corners to keep insects away.

**Primary Usages:** It is a powerful support for the respiratory system (opens breathing passages, expectorant, asthma, sinuses, bronchitis, tuberculosis, diphtheria, colds, coughs, flue, runny nose, congestion, infections, pneumonia, infections, air purifier), beneficial for the immune system (fevers, swollen glands, kills viruses and microbes, stimulant, laryngitis, sore throat, herpes, malaria), used for pain relief (arthritis, rheumatism, muscle and joint aches, injuries, sprains, spasms, inflammation, nerve, ligaments and tendons), and is a strong insecticide and repellent.

**Secondary Usages:** Beneficial for fungal infections (athlete's foot, ring worm) and other infectious skin conditions (chicken pox, measles). It eases shingle pain, assists headaches, dandruff, sores, urinary antiseptic, lowers blood pressure, assists circulation, and is a great support for recovery after a heart attack. Use with a carrier oil as a deodorant.

**Has Been Reported:** Assists to increase urine flow, dental issues (infections, cavities, dental plaque, gingivitis, mouthwash), and is beneficial for insect bites.



**Application:** Rub on location and diffuse. Put a couple of drops on your threshold every week to assist keeping bugs out.

**Caution:** Avoid take any internally and application near infants because of the risk of spasm of glottis, due to cooling effect on respiratory system. Can raise blood sugar in some diabetics. Disinfectant qualities increase with age.

**Descriptor:**Expectorant, Analgesic, Antispasmodic, Antiseptic, Anti-inflammatory, Fungicidal, Antimicrobial, Antiviral, Anti-Infectious, Insect Repellant, Purifying

**Influences:** It is soothing, calming, and assists to clear and focus the mind. This refreshing and purifying smell promotes health and well-being. It may be used for those who feel emotionally “hemmed-in” or constricted by their surroundings and can assist to provide “room to breathe”.

**Found In:** Breathe Free, Deep Heat

**Medicine Wheel:**Primary North and Secondary East and West. Increases the Guardian Qi (Immune System) and has the ability to clear the lungs.

**Blends Well With:**Basil, Black Pepper, Cypress, Frankincense, Ginger, Juniper Berry, Ho-Leaf, Marjoram, Peppermint, Pine, Rosemary, Sage, Tea Tree, Thyme, Vetiver, Ylang Ylang

**Recipes:** For disinfecting clothes add 8 to 10 drops to your wash. Another benefit is the aroma fragrances the whole room. It is often used to make soaps and other household cleaners.