

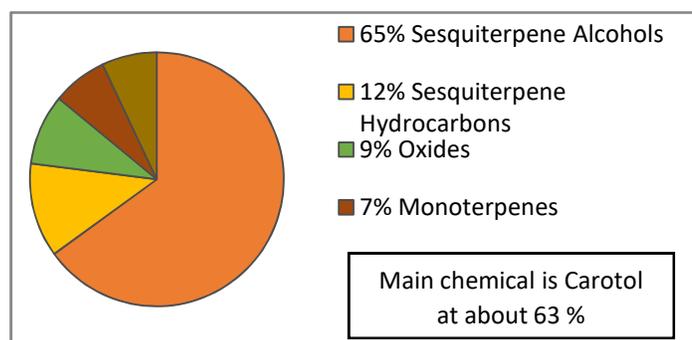
## Carrot Seed, Organically Grown: India (*Daucus carota*)

Around the world this oil is commonly referred to as Carrot Seed Oil or Wild Carrot Seed Oil but in North America the plant was introduced and became commonly known as Queen Anne's Lace. This plant has long historic therapeutic use and the seeds were often considered to be one of the more powerful antifertility (birth control) herbs but only show effect when taken shortly after intercourse. This essential oil has a different chemistry from the herb. Despite what educational materials say about the precautions of this oil, we have not seen the essential to have any birth control or abortifacient effects oil under normal and higher than normal usages.

**Primary Usages:** Considered to be one of the most beneficial therapeutic oils for the skin (balances both dry and oily complexions, wrinkles, sores, rashes, itching, scarring, dermatitis, eczema, age spots, weeping sores, anemia, boils, burns, carbuncles, revitalizing and toning, mature complexions, psoriasis, skin ulcers, and gangrene) and is a powerful health tonic. It detoxifies the blood, tissues, muscles, and internal organs like the liver, kidneys, and glands so it is highly useful for edema, arthritis, gout, rheumatism, and water retention (natural diuretic). Carrot Seed oil can assist in rejuvenating the liver and kidneys. It neutralizes excess bile secreted from the liver and assist in cases of jaundice, anemia, and anorexia.

**Secondary Usages:** The anti-oxidants in the oil assist in repairing all the damages done to your tissues by free radicals and stop them from doing further harm. Beneficial for joints, muscles, sexual weakness, and other related aging problems. Useful for digestive conditions (flatulence, constipation, diarrhea, colic, parasites, and infections).

**Has Been Reported:** Recent studies have shown it to be beneficial in some forms of cancer, especially those of the mouth, throat, stomach, prostate and kidneys. Thought to strengthen the mucus membranes. Has antifungal, herbicidal, insecticidal properties, and is effective in fighting viral infections (flu, mumps, cough, colds, and measles). Strengthens the hair, gums, teeth, and promotes good eyesight (macular degeneration).



**Descriptor:** Regenerative, Depurative, Liver and Kidney Stimulant, Aids Digestion, Alkalizing, Tonic

**Application:** Apply on location. Take one to five drops daily as a general health tonic. Excellent when added to any skin care product.

**Caution:** Do not use in extreme amounts

**Found In:** Skin Renew

**Blends Well With:** Bergamot, Cardamom, Cedarwood, Cinnamon, Frankincense, Geranium, Lavender, Patchouli, Sandalwood

**Influences:** Grounding and relieves stress and anxiety. Releases the feelings of obligation and uplifts the spirit to assist in guiding one to a realization of their spiritual journey.

**Medicine Wheel:** Primary West and Secondary South and East. Regenerates the Liver.